



Suggested Packing List

In a small athletic travel bag or backpack:

- Cleats
- Sneakers
- Flats (sandals/slides)
- Shin guards MANDATORY– No Exceptions!
- Playing shorts (1 extra)
- T-Shirt (1 extra)
- Soccer socks (1 extra pair)
- Small towel
- Water bottle/container
- Sunscreen *Reminder: Apply generously @ home prior to arrival)
- Insect Repellent
- Rain jacket (weather-related)
- Training jacket (weather-related)

***VARSITY CAMPERS – BRING Daily BEVERAGE & SNACK(S)**

***Water is provided during training sessions.**

However, campers are to bring your own water bottle/container!

***Optional: Athletic drinks / water / healthy snacks / sunglasses / hats**

***Friendly Reminder: ID Label all personal items (Last name or initials)**