



## **Residential Program Schedule**

### Sunday - July 7th

3pm-5pm - Registration and Check In to the Dorms  
5:30pm - Players dress for first session  
5:45pm - Orientation Meeting at Fields  
6pm-8pm - Evening Training Session  
8pm - Return to dorms, shower, snacks, etc.  
10:15pm - Curfew

### Monday - July 8th & Tuesday - July 9th

7:30am- 7:45am - Wake Up  
8am-9am - Breakfast  
9:30am-11am - Morning Training Session  
12pm-1pm - Lunch  
1:15pm-2:00pm - Meeting with College Coaches  
2:15pm-4:30pm - Afternoon Training Session  
5pm-6pm - Dinner  
6:15pm-8:30pm - Evening Training Session (Full Sided Games on the Turf and Grass Fields)  
8:30pm - Return to dorms, shower, snacks, etc.  
10:15pm - Curfew

### Wednesday - July 10th

7:30am- 7:45am - Wake Up  
8am-9am - Breakfast  
9:30am-11am - Morning Training Session  
12pm-1pm - Lunch  
1pm-1:45pm - Rest and Packing  
2pm-4:30pm - Final Training Session and Final Games  
5pm-6pm - Departure

**\*\* In case of inclement weather daily schedules will be adjusted accordingly**