



Residential Program Schedule

Thursday - July 23rd

4pm-5pm - Registration and Check In to the Dorms
5:30pm - Players dress for first session
5:45pm - Orientation Meeting at Fields
6pm-8pm - Evening Training Session
8pm - Return to dorms, shower, snacks, etc.
10:30pm - Curfew

Friday - July 24th & Saturday – 25th

7:30am- 7:45am - Wake Up
8am-9am - Breakfast
9:30am-11am - Morning Training Session
12pm-1pm - Lunch
1:15pm-2:00pm - Meeting with College Coaches
2:15pm-4:30pm - Afternoon Training Session(Full Sided Games on the Turf and Grass Fields)
5pm-6pm - Dinner
6:15pm-8:30pm - Evening Training Session
8:30pm - Return to dorms, shower, snacks, etc.
10:30pm - Curfew

Sunday - July 26th

7:30am- 7:45am - Wake Up
8am-9am - Breakfast
9:30am-11am - Morning Training Session
12pm-1pm – Lunch & Packing of Dorms
1:30pm-3:00pm - Final Training Session and Final Games
3:30pm - Departure

***** In case of inclement weather daily schedules will be adjusted accordingly***