

Residential Program Schedule

Thursday - July 29th

4pm-5pm - Registration and Check In to the Dorms

5:30pm - Players dress for first session

5:45pm - Orientation Meeting at Fields

6pm-8pm - Evening Training Session

8pm - Return to dorms, shower, snacks, etc.

10:30pm - Curfew

Friday - July 30th

7:30am-7:45am - Wake Up

8am-9am - Breakfast

9:30am-11am - Morning Training Session

12pm-1pm - Lunch

1:15pm-2:00pm - Meeting with College Coaches

2:15pm-4:30pm - Afternoon Training Session (Full Sided Games on the Turf and Grass Fields)

5pm-6pm - Dinner

6:15pm-8:30pm - Evening Training Session

8:30pm - Return to dorms, shower, snacks, etc.

10:30pm - Curfew

Saturday - July 31st

7:30am-7:45am - Wake Up

8am-9am - Breakfast

9:30am-11am - Morning Training Session

12pm-1pm - Lunch & Packing of Dorms

1:15pm-2:00pm - Meeting with College Coaches

2:15pm-4:30pm - Afternoon Training Session (Full Sided Games on the Turf and Grass Fields)

5pm-6pm - Dinner

6:15pm-8pm - Final Training Session and Final Games

8pm - Departure

*** In case of inclement weather daily schedules will be adjusted accordingly*